

SOURCES OF COMMUNITY ASSISTANCE

SERVICES

Job Service of North Dakota 795-3700

1501 28th Avenue South
Employment services

Mountainbrooke Recovery Center 746-4530

112 North 3rd Street
Offers support and social activities for adults with mental illness, Peer Support Program.

Northlands Rescue Mission 772-6609

420 Division Avenue
Housing, support, and referrals to services in the community.

Options-Support for Persons with Disabilities 773-6100

318 3rd Street NW
East Grand Forks, Minnesota

Protection and Advocacy Project 795-3800

311 South 4th Street Suite 112
Rights protection for persons with a disability.

Social Security Administration 772-5518

402 Demers Avenue

EDUCATION

Adult Learning Center 795-2774

500 Stanford Road
GED instruction and testing, assistance in studying for Driver License Exam, refresher classes and basic skills.

Kvasager Learning Center 775-2873

1802 Continental Drive

LaGrave Learning Center 795-6300

824 4th Ave South

HOUSING & SHELTER

CVIC (Community Violence Intervention Center) 746-0405

24-hour Crisis Line 746-8900

211 South 4th Street
Shelter for individuals and families leaving domestic violence.

Prairie Harvest Mental Health 795-9143

930 North 3rd Street
Permanent housing, residential and employment support for adults with serious mental illness.
By referral from Northeast Human Service Center ONLY.

Grand Forks Housing Authority 746-2545

1405 1st Avenue North
Housing Assistance Programs

Red River Valley Community Action 746-5431

1013 North 5th Street
Shelter for homeless women and children.
Permanent Supportive Housing Tri-Plex.

Northlands Rescue Mission 772-6609

420 Division Avenue
Shelter for adult men and women (single or married).
No children.

St Joseph's Transitional Housing 795-8614

Valley Memorial Assisted Living 787-7563

HEALTH

Altru Community Cares Program 780-6349

1300 South Columbia Road
Providing primary care services for patients with no insurance

St. Joseph's Social Cares and Thrift Store 795-8614

620 8th Avenue South
Prescription assistance

Altru Patient Assistance Program 780-6116

1300 South Columbia Road
Prescription assistance.

The Salvation Army 775-2597

1600 University Avenue
Monday-Friday 9 am—3 pm
Prescription assistance.

Grand Forks County Social Services 787-8535

151 South 4th Street Suite 201

Third Street Clinic 772-1263

360 Division Ave, Suite 200
Monday-Friday 9am-4pm
Access to healthcare services for low income residents of Grand Forks and Polk Counties.

Grand Forks Public Health Department 787-8100

151 South 4th Street Suite N301

SOURCES OF COMMUNITY ASSISTANCE

HEALTH (cont.)

Valley Community Health Centers

607 Towner Avenue, Larimore, ND 58048
212 South 4th St, Suites 101 & 301, Grand Forks, ND 58001
Medical care on a sliding fee scale.

Valley Community Health Center Dental Clinic

212 South 4th Street Suite 101 757-2100
Dental care on a sliding fee scale

Valley Health 775-4251

360 Division Ave, Suite 200
Confidential reproductive health services for men and women
regardless of income or age.

CHILDREN

Community Violence Intervention Center 746-0405

211 South 4th Street
Individual and group counseling for youth and teens.

EGF Head Start Family Service Center 773-8452

Toll Free 1-888-773-8486
1825 Central Avenue NW
East Grand Forks, Minnesota
Head Start and Child Care

MSU Early Head Start- Grand Forks 777- 8153

920 Northwestern Drive Grand Forks
Early childhood education services for expectant families and
children 0-3 years of age.

Grand Forks County Social Service Center 787-8535

151 South 4th Street Suite 201
Please call for information.

Lutheran Social Services of North Dakota 772-7577

DIVERT—provides free, supportive services for youth and
families. Tracking, Intensive in-home services,
Day Report (afterschool), and pregnancy counseling.

CLOTHING

Home Place Thrift Store 795-9704

1811 South Washington
Monday-Friday 9 am—5 pm
Saturday 10 am—5 pm
Vouchers honored on Thursdays only

St. Joseph's Social Cares and Thrift Store 795-8614

620 8th Avenue South
Monday-Thursday 10 am—5 pm

COUNSELING AND CRISIS

Community Violence Intervention Center 746-0405

24-hour Crisis Line 746-8900
211 South 4th Street

The Village Family Service Center 746-4584

1726 South Washington Street Suite 33A

Women's Way 1-800-449-6636

151 South 4th Street Suite N301
Breast and cervical cancer screenings for eligible women.

North Dakota Association for the Disabled 775-5577

Toll Free 1-800-532-6323 2660 South Columbia Road
Medication, medical equipment, medical travel, personal care
attendants, Dial-A-Ride assistance, advocacy and referral.

Northeast Human Service Center 795-3000

24 hour Crisis Line 775-0525
151 South 4th Street Suite 401

Polk County Social Services 773-2431

1424 Central Avenue NW
East Grand Forks, Minnesota

Women, Infants and Children (WIC) 775-3667

1726 S. Washington St #57

The Village Family Service Center 746-4584

1726 South Washington Street Suite 33A
Financial resource center, Intensive in-home family
therapy, Family Group Decision Making.

Healthy Families 746-2064

412 DeMers Avenue
Free voluntary support to ease transition to parenthood.

Salvation Army Smart Shop 775-7255

3401 South 31st Street
(Behind C'Mon Inn)
Monday-Saturday 9:30 am—6 pm
Vouchers for clothing, furniture and household items
may be obtained at 1600 University Avenue 9am– 2pm

Northeast Human Service Center 795-3000

24 hour Crisis Line 775-0525
151 South 4th Street Suite 401

SOURCES OF COMMUNITY ASSISTANCE

EMERGENCY

Red River Valley Community Action 746-5431

1013 North 5th Street

Rent deposits, energy share and homeless shelter for women and children.

The Salvation Army 775-2597

1600 University Avenue

Monday-Friday 9 am—3 pm

Rent evictions, utility disconnections, travel and medical assistance, rent deposits, food pantry and daily baked food items, vouchers for clothing and household items.

TRANSPORTATION

Red River Valley Community Action 746-5431

1013 North 5th Street

Bus tickets

St. Joseph's Social Cares and Thrift Store 795-8614

620 8th Avenue South

Bus tickets, medical travel.

FOOD

East Grand Forks Food Shelf 773-8083

1715 3rd Avenue NW

East Grand Forks, Minnesota

Monday and Friday 10 am—2 pm

Wednesday 10 am—5 pm

Northlands Rescue Mission 772-6609

Please contact kitchen manager for details.

The Salvation Army 775-2597

1600 University Avenue

Monday-Friday 9 am—2:30 pm

St. Joseph's Social Cares and Thrift Store 795-8614

620 8th Avenue South

Monday/Tuesday/Thursday 2 pm—4 pm

Wednesday 5 pm—7 pm

VETERANS AND MILITARY PERSONNEL

Grand Forks County Veterans Service Office

151 South 4th Street

6th Floor County Office Building

701-787-8296

St. Joseph's Social Cares and Thrift Store 795-8614

620 8th Avenue South

Rent evictions, utility disconnections, vouchers for clothing and household items.

Tri-Valley Opportunity Council 773-8452

Toll Free 1-888-773-8486

1825 Central Avenue NW

East Grand Forks, Minnesota

Access to emergency services .

The Salvation Army 775-2597

1600 University Avenue

Bus tickets and gas vouchers for emergencies only.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

Grand Forks County Social Services 787-8535

151 South 4th Street Suite 201

HOT MEALS

Northlands Rescue Mission 772-6609

420 Division Avenue

Meals served daily at 7 am, 12 noon, 5 pm

COMMODITIES

Food Commodities Program 746-5431

1013 n 5th St, Grand Forks, ND

Persons 60 years of age and older or those with disabilities.

Grand Forks VA Community Based Outpatient Clinic

3221 32nd Ave South, Suite 700

701-335-4380

SOURCES OF COMMUNITY ASSISTANCE

Drop In Childcare Center Options

Grand Forks

Little Keepers

2520 S Washington St

(701)-738-8129

keepersdropin@gmail.com

Mon-Thu:

8:30 am-9:00 pm

Fri-Sat:

8:30 am-11:00pm

Our rates:

1 child: \$6.00/hour

2 children: \$8.50/hour

3 children: \$10.00/hour

4 children: \$11.50/hour

(We round to the nearest quarter hour)

Lil Riverwalk Drop In Child Care (East Grand Forks)

211 Demers Ave

East Grand Forks, MN 56721

(218)-399-1002

Safe Environment, Children's Theater, Certified Staff, Ages 12 months – 12 years, 3 ½ Hr Maximum Stay, 1 Hr Minimum Stay

Stay Play Learn (East Grand Forks)

714 6th St SE

East Grand Forks, MN 56721

(218)-399-1010

stayplaylearn@outlook.com

OPEN: Monday – Friday 6:30 am to 6:00 pm

With extended program from 6:00 pm to 7:00 PM

Parent's Night Out – 7:00 pm to 10:00 pm –TBA (Additional Fees Apply)

SOURCES OF COMMUNITY ASSISTANCE

Drop In Childcare Center Options

Fargo

Clubs Kids Drop In Childcare

1650 45th St South, Suite 117

Fargo, ND 58103

(701)-478-9229

clubkidsfargo@gmail.com

Mon – Thu: 7:00 am – 9:00 pm Fri: 7:00 am – 10:00 pm Sat: 9:00 am – 10:00 pm

Infants

1-20 hrs wk = \$6.75/hr

21-30 hrs wk = \$6.00/hr

31+ hrs wk = \$5.00/hr

18 months to 12 years

1-20 hr wk = \$5.75/hr

21-30 hrs wk = \$5.00/hr

31+ hrs wk = \$4.00/hr

\$3.00/hr for each additional child within the same family

10 hour maximum play time per day

Kids Kingsom Drop-In Child Care

1336 25th Ave S

Fargo, ND 58103

(701)-237-0380

<http://www.kidskingdomfargo.com/>

kidskingdomfargo@hotmail.com

Kids Kingdom regular hrs 8:30 am – 9:00 pm Mon – Thu, 8:30 am – 10:00 pm Fri & Sat

Summer hours 8:30 am – 10:00 pm Mon – Sat

Come play @ our Place! No Appointments needed

Tons Of Fun Drop-in Childcare

4101 13th Ave S

Fargo, ND 58103

(701)-277-8324

<http://www.tonsoffunfargo.com/Home.html>

Rates:

Infants (under 18 months) \$6.00 per hour for one child

18 months – 10 years \$5.00 per hour for one child

\$2.00 per hour for each additional child from the same family

SOURCES OF COMMUNITY ASSISTANCE

Drop In Childcare Center Options

Bismarck

Super Kids Jr. Academy

1227 Park Ave.

Bismarck, ND 58503

(701)-258-5437

<http://www.skjra.com/contactus.html>

Mon – Fri: 6:300 am to 6:00 pm

Available for Drop-in's from infants to 12 years of age

Dickinson

Dickinson Drop-in Playcare

25 4th Ave E

Dickinson, ND 58601

(701)-225-6187

dickinsondropin@gmail.com

Mon – Fri: 8:00 am to 5:30 pm

Williston

Cozy Corner Drop-in Child Care Center

23 Main St

Williston, ND 58801

(701)-572-5437

cozykidswilliston@gmail.com

Mon – Thu:

8:00 am – 8:00 PM

Fri – Sat:

8:00 am – 10:00 pm

SOURCES OF COMMUNITY ASSISTANCE

Drop In Childcare Center Options

Minot

ABC Child Care Center

1105 16th St NW
Minot, ND 58703
(701)-852-6352

Creative Beginnings Day Care

601 18th Ave SE #1
Minot, ND 58701
(701)-852-3500

Grafton

Teddy Bear Child Care & Preschool

701 W 6th St
Grafton, ND 58237
(701)-352-3578